

Easy Bullying Prevention Tips for Elementary School Teachers

Know the policies!

Know your school and district policies on bullying and do your part to implement them effectively.



What You Can Do:

CREATE A SAFE AND SUPPORTIVE ENVIRONMENT

Establish a culture of inclusion and respect that welcomes all students. Monitor bullying “hot spots” in and around the building. Set a tone of respect in the classroom.

MANAGE CLASSROOMS TO PREVENT BULLYING

Develop rules with students so they set their own climate of respect and responsibility, and reinforce the rules by making expectations clear and keeping requests simple, direct, and specific.

STOP BULLYING ON THE SPOT Intervene immediately. It’s OK to get another adult to help. Don’t talk to the kids involved together, only separately, and don’t make the kids involved apologize or patch up relations on the spot.

TEACH COOPERATION Teach cooperation by assigning projects that require collaboration. Such cooperation teaches students how to compromise and how to assert without demanding. Take care to vary grouping of participants and to monitor the treatment of and participants in each group.

Activities to Teach Students Bullying Prevention:

You can incorporate the topic of bullying prevention in lessons and activities. Here are a few examples:

- Help your class identify bullying in books, TV shows, and movies, and discuss the impact of that bullying and how it was/could be resolved
- Presentations, such as speech or role-play on stopping bullying
- Discussions about topics like reporting bullying
- Creative writing, such as poems speaking out against bullying, stories, or a skit teaching bystanders how to help
- Artistic works, such as a collage about respect or the effects of bullying
- Classroom meetings to talk about peer relations

Check out these other resources for lesson plans and activities:

www.nea.org/tools/lessons/teaching-students-to-prevent-bullying.html#lp

www.goodcharacter.com

www.stopbullying.gov/kids/webisodes/index.html

<http://www.pacer.org/bullying/classroom/elementary/activities/>

Check out these books that discuss bullying:

Preschool-3:

- The Recess Queen by Alexis O’neill
- The Juice Box Bully by Bob Sornson & Maria Dismondy
- Enemy Pie by Derek Munson

Grades 3-5:

- Bully by Patricia Polacco
- Wonder by R.J. Palacio



Contact us and find out how we can help.
FHF of Jefferson, part of a statewide FHF network.

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