

#ThinkABILITY

SHEA DAIGLE

Shea was given her name in honor of her grandmother Regina Shea's family; A family whose Irish strength and beauty was evident from her first breath. Funny thing is Shea has changed her name many times since then. She has been known as Woody, Hero, Miney, and "the kid who has no name"- when she is creatively trying to ignore being called upon.

She is her own advocate; she will tell you she isn't happy about doing something as she is doing it. As her mom, I am thankful for this. It's an ability that she has had to work on. She wasn't always able to identify her anxieties and would shut down and not be able to do what was asked of her. After years of speech and therapies, Shea has found her voice and it helps her get through moments she wouldn't have been able to before.



She is her own
ADVOCATE!



Her voicing her dislikes isn't unreasonable. Shea sees them as communication. We ask our kids to share what they are feeling and for an individual with autism that is hard. Shea has learned that self-regulating a difficulty she is having helps allow her to get the task done.

Shea also shares her funny jokes, her love of making art, her smile and on very special almost breathtaking moments her insights on life.

"I wish I was closer to heaven"- Shea

"Why?"- mom

"So I can hear God better when he talks to me"- Shea

Shea has influenced many others in her life especially her sister Grace who is away at college studying to work with individuals with autism. Grace sees abilities that many miss because of Shea's ability to open the eyes and hearts of those around her.



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#Think**ABILITY** is a month long social media campaign to celebrate the accomplishments of individuals with disabilities. The campaign is coordinated by Families Helping Families of Jefferson and held annually during the month of **March**. Learn more about it at <http://fhfjefferson.org/whats-going-on/special-events/thinkability>

Changing Lives. Every Day.