

# #ThinkABILITY

BRITTANY QUEBEDEAUX

My name is Brittany Quebedeaux and I'm 24 years old. I'm from the small town of Krotz Springs, Louisiana.

At the age of 15, I got in a four-wheeler accident that resulted in me breaking my neck and becoming a Quadriplegic. At that point, I thought my life was over or that I would never accomplish any of the goals I had set out for myself.

Thankfully, after a few months, I was able to return back to high school and focus on what I wanted to do for the rest of my life. High school was far from easy. I didn't have many friends and I had to deal with the constant stares from other students while still getting used to my new life, but I pushed through and graduated on time with the rest of my class.

I started college at Louisiana State University at Eunice in 2011 and after many trials and tribulations, I finally graduated with my associates in Mass Communications on May 20, 2016.

In 2014, I graduated from Partners in Policymaking a leadership class that



*Quote of the day:*

*I can do all things through Christ who strengthens me. -  
Philippians 4:13*

teaches individuals with disabilities current knowledge on disability issues and how to effectively advocate and influence public policy at all levels of government. I also am a board member of the nonprofit organization St. Landry Abilities and a member of the Louisiana Assistive Technology Access Network (LaTAN).

I'm currently not enrolled in school, but I do plan on continuing my education. I hope to get accepted into LSU in the future and earn my bachelor's in mass communications.

After college, my dream job would be being a motivational or public speaker for a company that's intent is to better the lives of others with disabilities!

For now, my focus is advocating for others and showing people that someone with a disability is just as capable of making a difference in the world as everyone else!



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#Think**ABILITY** is a month long social media campaign to celebrate the accomplishments of individuals with disabilities. The campaign is coordinated by Families Helping Families of Jefferson and held annually during the month of **March**. Learn more about it at <http://fhfjefferson.org/whats-going-on/special-events/thinkability>

**Changing Lives. Every Day.**