

#ThinkABILITY

ASHLEY VOLION

Ashley Volion is a Cajun Asian woman born and raised in Lafitte, LA, is the eldest of three children, and has a physical disability.

From an early age, Ashley understood the importance of community. Growing up in a small town, she saw what people can do when they come together whether to rebuild after a hurricane or having her Oma (grandmother) create events that serve the community.

Because of these examples, Ashley knew two things: she wanted to give back to her community, and she had a thirst for knowledge.

After graduating high school, she went on to obtain a B.A. and an M.A. in Sociology from the University of New Orleans. Ashley's master's thesis is entitled, "Everyday lived experiences and the domain of the sexual: As explored by four physically disabled women," which explores how her four participants came to view themselves as sexual beings



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throughout the course of their lifetimes. However, up until this point in Ashley's life, she did not see herself as a sexual being or as part of the disability community.

Upon the completion of her master's, she began to get more involved with the disability community, both nationally and locally.



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#Think**ABILITY** is a month long social media campaign to celebrate the accomplishments of individuals with disabilities. The campaign is coordinated by Families Helping Families of Jefferson and held annually during the month of **March**. Learn more about it at <http://fhfjefferson.org/whats-going-on/special-events/thinkability>

Changing Lives. Every Day.