

#ThinkABILITY

ANDREA SABILLON

My name is Andrea Sabillon, I am a 24-year-old woman with autism born and raised in New Orleans. I graduated from Grace King High School.

After I graduated, I participated in a Post-Secondary program in Jefferson Parish. I learned a lot in that program and would recommend it to any eligible students. This program helped me become independent by teaching me how to eat, shop healthy, manage my money, take a taxi, and most importantly how to self-advocate.

While I was in high school, I joined an organization called Best Buddies. This organization helped me develop social skills and self-advocacy skills as well. Best Buddies gave me some of the most amazing experiences of my life. Through them, I was able to travel to different cities like Philadelphia and Indianapolis, for their international convention. I attended as a representative for Louisiana.

After all of this took place in my life, I began to work at home and with my family. One of the first responsibilities I had was to take care of my 99-year-old great grandfather. This task included giving him his medicine, checking his glucose, watching his diet, and keeping him



Being valued and trusted to do a good job is a big deal!



company. After he died I began to work at my uncle's bakery called, Fleur de Lilly. It currently is closed while they transition into a new location. Since I cannot work there right now, I am working with my family in their business of cleaning and babysitting. Babysitting is something I truly enjoy.

I am thankful that my family has always allowed me to participate and work with them. It shows that they value me and trust me to do a great job. It may not seem like a big deal to some, but to me and my family, it demonstrates how much I have grown and can handle now.



201 Evans Rd, Bldg. 1, Suite 100, Harahan, LA 70123
Phone: 504.888.9111 Toll-Free: 800.766.7736
Fax: 504.888.0246 E-mail: info@fhfjefferson.org

#Think**ABILITY** is a month long social media campaign to celebrate the accomplishments of individuals with disabilities. The campaign is coordinated by Families Helping Families of Jefferson and held annually during the month of **March**. Learn more about it at <http://fhfjefferson.org/whats-going-on/special-events/thinkability>

Changing Lives. Every Day.