

# #ThinkABILITY

## HOW TO PARTICIPATE

### Step 1

Like us on **Facebook**



### Step 2

Follow us on **Twitter**



### Step 3

Follow us on **Instagram**



### Step 4

Starting March 1, 2017, and ending March 31, 2017, like, repost, retweet the #ThinkABILITY posts on Facebook, Twitter, and Instagram.

### Step 5

Create your own posts on Facebook, Twitter, and Instagram. Remember to use #ThinkABILITY & #FamiliesHelpingFamilies.

### Step 6

Share all of the above with family, friends, colleagues and anyone else.

To help you promote the event we are providing the following things:



If you need any further assistance or have questions, please contact Mary Jacob, Executive Director of Families Helping Families at [mjacob@fhfjefferson.org](mailto:mjacob@fhfjefferson.org) or call her at 504.888.9111 or 1.800.766.7736.



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#ThinkABILITY is a month long social media campaign to celebrate the accomplishments of individuals with disabilities. The campaign is coordinated by Families Helping Families of Jefferson and held annually during the month of **March**. Learn more about it at <http://fhfjefferson.org/whats-going-on/special-events/thinkability>

**Changing Lives. Every Day.**